

RISING PHOENIX INTEGRATIVE MEDICINE CENTER

815 HYDE ST., SUITE 317

SF, CA 94109

Tel: (415) 795-1202

Offices of:

Helen Ye Ms, Lac

Michael F. Cantwell MD, MPH

Diane Vickers MPH

PARKING INFORMATION

There is ample parking near the office. Below is a listing of options:

Parking garages (listed nearest to farthest):

- St. Francis Memorial Hospital Garage on Hyde (midblock between Bush and Sutter on the East side of Hyde) – Small garage almost directly across the street from the health center. Cost \$4.00 per hour (charged at \$2.00 per ½ hour). Closes at 7 pm-recommend car pickup by 6:30 pm.
- St. Francis Memorial Hospital Garage on Bush (Northwest corner of intersection of Bush and Hyde) – Large garage only ½ block uphill from the health center. Cost \$4.00 per hour (charged at \$2.00 per ½ hour). Closes at 7 pm-recommend car pickup by 6:30 pm.
- St. Francis Memorial Hospital Garage on Pine (midblock between Hyde and Leavenworth on the North side of Pine) – Large garage that is open late, good for evening appointments. Cost \$4.00 per hour (charged at \$2.00 per ½ hour).
- Public Parking Garage on Polk (Southeast corner of the intersection of Polk and Bush) – Large, lower priced garage 2 ½ blocks from the health center. Cost \$2.00 per hour. Open late, good for evening appointments.

Metered Street Parking:

There is rapid turnover of metered street parking in the area. Meters cost \$2.00 per hour and have a 2 hour maximum. Meters accept coins, SFMTA parking meter cards, and mobile pay-by-phone options (may have additional charges). Meters do not take credit cards. Free parking after 6 pm.

Free Street Parking:

There is some free street parking on Sutter and a few other nearby streets. Check signage. CAUTION: Sutter is a tow-away zone from 4-6 pm.

Drop-off/Pick-up:

There is a white zone directly in front of our building for passenger drop-off and pick-up only.

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DRIVING DIRECTIONS

From Marin:

Continue on Hwy 101 South after crossing the Golden Gate. Take the Lombard St. Exit and continue West on Lombard St. Turn right on Gough St. and continue on Gough St. to Bush St. Turn left on Bush St. and go five blocks to Hyde St. Turn right on Hyde St. and the clinic is on this block on the right (West) side of Hyde St. (slightly past midblock and just past the Nob Hill Hotel).

From the East Bay:

Continue on Hwy 80 East after crossing the Bay Bridge. Take the Civic Center/Ninth Street Exit and continue straight after the exit to Ninth St. Take a right on Ninth St. to Market St. - stay in the rightmost two lanes. At Market St., Ninth St. splits into Hayes St. (left fork) and Larkin St. (right fork). Take the right fork onto Larkin St. and continue on Larkin St. to Bush St. Turn right on Bush St. and go one block to Hyde St. Turn right on Hyde St. and the clinic is on this block on the right (West) side of Hyde St. (slightly past midblock and just past the Nob Hill Hotel).

From the South Bay (via Hwy 101):

Take Hwy 101 North and continue to the left on Hwy 101 North when it splits with Hwy 80 West. Take the Civic Center/Ninth St. Exit (the first exit after the split with Hwy 80 West) to Ninth St. Turn left on Ninth St. to Market St. - stay in the rightmost two lanes. At Market St., Ninth St. splits into Hayes St. (left fork) and Larkin St. (right fork). Take the right fork onto Larkin St. and continue on Larkin St. to Bush St. Turn right on Bush St. and go one block to Hyde St. Turn right on Hyde St. and the clinic is on this block on the right (West) side of Hyde St. (slightly past midblock and just past the Nob Hill Hotel).

MUNI/BUS DIRECTIONS

MUNI Lines 2 and 3 – Westbound stop at Sutter and Hyde, Eastbound stop at Post and Hyde
MUNI Line 19 – Northbound stops at Larkin and Sutter, Southbound stops at Polk and Sutter

BART DIRECTIONS

Take BART to the Civic Center Station. Exit at UN Plaza and proceed north on Hyde St. 9 ½ blocks to clinic (located between Sutter and Bush Sts., on the west side of the block (left side when walking from Civic Center BART) or connect at Larkin St. with MUNI Line 19 Northbound .

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